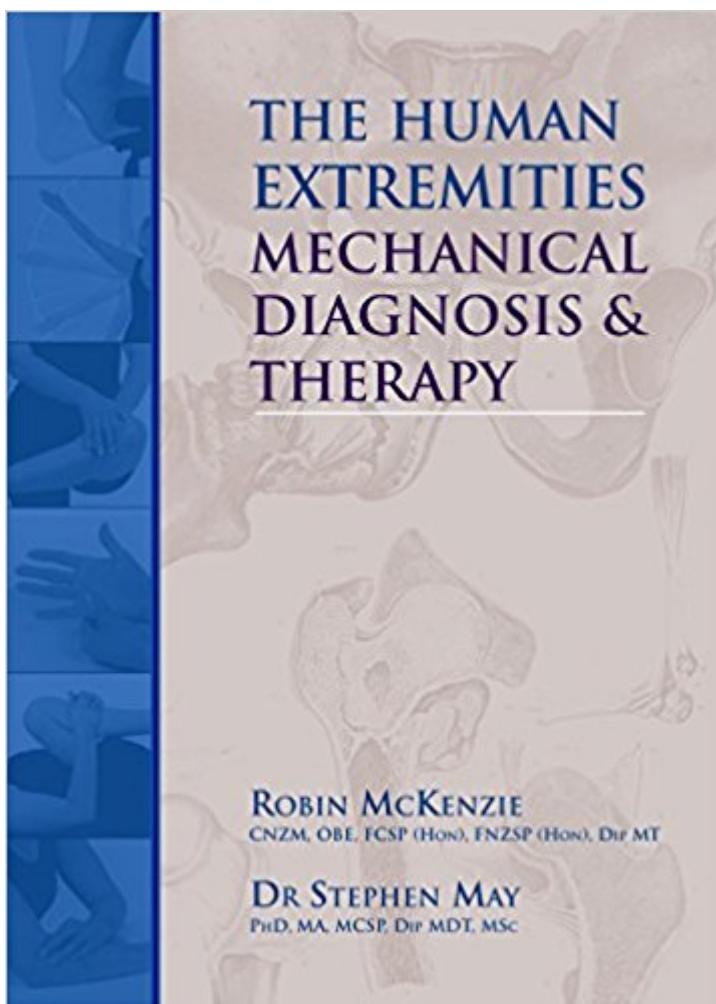


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# Human Extremities: Mechanical Diagnosis And Therapy (806)



## Synopsis

This essential text draws upon the history of mechanical disorders to provide physical therapists and other clinicians with techniques to successfully treat extremity musculoskeletal conditions through mechanical means. Clinicians empowered with information help patients become involved in managing their own return to health. Rarely discussed concepts are presented in straightforward language and are supported with over 107 photographs, illustrations and diagrams. Written by Robin McKenzie and Dr. Stephen May. Illustrated. Softcover; 320 pages.

## Book Information

Paperback: 321 pages

Publisher: Orthopedic Physical Therapy Products; 1 edition (June 1, 2000)

Language: English

ISBN-10: 0958364702

ISBN-13: 978-0958364706

Product Dimensions: 7.3 x 0.7 x 10.3 inches

Shipping Weight: 2 pounds (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 9 customer reviews

Best Sellers Rank: #391,244 in Books (See Top 100 in Books) #64 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Rheumatology #110 in Books > Medical Books > Medicine > Internal Medicine > Rheumatology #455 in Books > Textbooks > Medicine & Health Sciences > Allied Health Services > Physical Therapy

## Customer Reviews

Robin McKenzie, CNZM, OBE, FCSP (Hon), FNZSP (Hon), Dip MDT, Dip MTFor over 50 years, The McKenzie Method® has put the power in the patient's hands, utilizing education and self-treatment strategies to provide long-lasting relief from pain. The late Robin McKenzie was a renowned spinal expert and an authority on the treatment of lower back and neck pain. His method of Mechanical Diagnosis and Therapy® (MDT) is taught by clinicians around the world. MDT, along with his heralded series of books, DVDs, rolls and supports, has helped hundreds of thousands of people achieve freedom from back, neck, shoulder and knee pain.

This is a well written text that I feel should be required for all DPT students and entry-level musculoskeletal clinicians to read. With emerging literature stating that derangements may be as common in the extremities as they are in the spine, it will allow our patients to get classified and

treated quicker. The method just makes sense! Robin McKenzie was definately ahead of his time.

interesante

Excellent book

Certainly an eye-opener.

This book does a good job of taking you through the extremities after you have gained the thought processes from working a mechanical diagnosis for the spine.

If you need a textbook, go . This is what they are best at. Cheaper than getting it through McKenzie institute or OPTP.

Graet info on disc anatomy, assessment, diagnosis, differential diagnosis and treatment. Easy access to specific pain distributions and their treatments.

Thanks!

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